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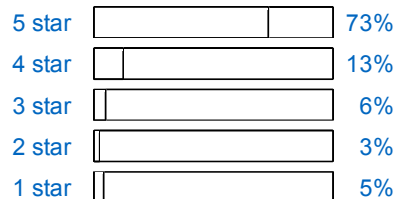
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[Cart](#)NOW Foods Cayenne, 500mg, 250 Vcaps › [Customer Reviews](#)

## Customer Reviews

210

4.4 out of 5 stars



## NOW Foods Cayenne, 500mg, 250 Vc...

by [NOW Foods](#)Package Quantity: 1 [Change](#)Price: **\$10.44** + Free shipping with Amazon Prime[Rate this item](#)[Write a review](#)[Add to Cart](#)[Add to Wish List](#)

## Top positive review

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26 people found this helpful

**I don't get sick anymore**

By Deborah Larson on October 21, 2016

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time

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## Top critical review

[See all 29 critical reviews](#) ›**Three Stars**

By Thomas Mork on March 17, 2017

not to sure its helping but be prepared it warms your belly

**\$5.00 off coupon**

on Crest 3D White Whitestrips with Light, 10 ct.  
Offer ends on or before Apr 30, 2017

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Showing 1-10 of 181 reviews (Positive). [See all 210 reviews](#)**Five Stars**By [Sylvia Hampe](#) on March 24, 2017Package Quantity: 1 **Verified Purchase**

Great product and price

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Was this review helpful to you?

Yes

No

[Report abuse](#)**Five Stars**By [Angie S.](#) on March 15, 2017Package Quantity: 1 **Verified Purchase**

This was a great buy and I love taking cayenne pepper.

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Was this review helpful to you?

Yes

No

[Report abuse](#)**I recommend taking after a meal**By [Heather Herbert](#) on March 7, 2017Package Quantity: 1 **Verified Purchase**

You can definitely feel this when you swallow it. I recommend taking after a meal, to soften the burn. If you take it on an empty stomach, you will feel the burn. It has helped with digestion for sure.

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Was this review helpful to you?

Yes

No

[Report abuse](#)**Affordable**By [Jack](#) on March 5, 2017Package Quantity: 1 **Verified Purchase**

Like to include extra Cayenne in our diet for heart/circulation health. Very helpful when the sinuses are blocked during cold season. Opens them right up. Good to have on hand for emergencies ie infarction or as a hemostatic agent. Just need to start slowly and work up to the suggested dose and take with food to avoid the heartburn. Now brand has just Cayenne and the gelatin cap. No stearate, silica, or any of those extra ingredients you don't need or want.

**Questions? Get fast answers from reviewers**

What do you want to know about NOW Foods Cayenne, 500mg, 250 Vcaps?

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by Nature's Way

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[Report abuse](#)**Five Stars**By [Beth Downard](#) on February 26, 2017Package Quantity: 1 **Verified Purchase**

This is the best product on the market! It's put my Crohn's disease in remission!

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[Report abuse](#)**This supplement is a key favor in keeping my blood ...**By [Kat](#) on February 24, 2017Package Quantity: 1 **Verified Purchase**

This supplement is a key favor in keeping my blood pressure down naturally and erasing headaches. Make sure you drink extra water and take with food or you will feel the heat into your throat.

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One person found this helpful. Was this review helpful to you?

[Report abuse](#)**Five Stars**By [diz bot](#) on February 20, 2017Package Quantity: 1 **Verified Purchase**

Good quality

[Comment](#)

One person found this helpful. Was this review helpful to you?

[Report abuse](#)**Take it with a meal**By [ssqueakert](#) on February 18, 2017Package Quantity: 1 **Verified Purchase**

If you take it on an empty stomach it can give you chest discomfort like bad heartburn. Take it with food and it's not a problem. It will bump up your heart rate, so don't take it before bed or it can be hard to sleep. But before a work out and you will feel like you have more energy and in theory, you will burn more calories and build muscle faster.

[Comment](#)

7 people found this helpful. Was this review helpful to you?

[Report abuse](#)**Five Stars**By [Stephen](#) on February 18, 2017Package Quantity: 1 **Verified Purchase**

Good product.

[Nature's Way Cayenne Pepper, 450 mg, 180 Capsules \(Pack of 2\)](#)

by Nature's Way

**\$18.08**[122](#)Need customer service? [Click here](#)

[Comment](#)One person found this helpful. Was this review helpful to you?   [Report abuse](#)**so good.**By [Amazon Customer](#) on February 17, 2017Package Quantity: 1 **Verified Purchase**

So far, so good.

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